



CURIOUS SOULS VOLUNTEER WITHIN THE SF BAY AREA

To Give is to Connect: Your Guide to Service in the Bay Area

The San Francisco Bay Area is more than just a collection of neighborhoods; it is a tapestry of resilient communities, innovative spirits, and shared care. At the heart of our region's vibrancy lies the tireless work of volunteers who show up—rain or shine—to plant trees, mentor youth, feed neighbors, and protect the vulnerable.

Whether you are looking to advocate for your local district, provide companionship to a senior, or restore the delicate ecosystems of our coastline, there is a mission waiting for your unique skills. This directory is designed to bridge the gap between your desire to help and the organizations that need you most. Within these pages, you will find hundreds of pathways to make a tangible difference. Thank you for choosing to invest your time and heart back into the community we all call home.

Neighborhood & Community Support

- [Russian Hill Neighbors](#) — Neighborhood civic engagement.
- [North Beach Neighbors](#) — Advocacy and local events.
- [NEXTVillageSF](#) — Senior aging support.
- [Civic Joy Fund](#) — Citywide beautification.
- [TogetherSF](#) — Civic activation hub.
- [St. Anthony Foundation](#) — Essential services in the Tenderloin.
- [GLIDE](#) — Social justice and daily meals.
- [Episcopal Community Services](#) — Homelessness services.
- [Hamilton Families](#) — Ending family homelessness.
- [Raphael House](#) — Residential family shelter.
- [Compass Family Services](#) — Housing stability.
- [Larkin Street Youth Services](#) — Homeless youth support.
- [Project Homeless Connect](#) — Health and service events.
- [Shanti Project](#) — Life-threatening illness support.
- [Curry Senior Center](#) — Senior wellness.
- [San Francisco Village](#) — Senior neighborhood support.
- [Community Forward SF](#) — Women's shelter and medical help.
- [Dolores Street Community Services](#) — Latino and immigrant services.
- [The Arc San Francisco](#) — Disability support and mentorship.
- [Bernal Heights Neighborhood Center](#) — Community housing and senior programs.



- [Chinatown Community Development Center](#) — Housing advocacy and youth leadership.
- [Mission Housing Development Corp](#) — Affordable housing support.
- [San Francisco Housing Development Corp](#) — Financial empowerment and housing.
- [Tenderloin Neighborhood Development Corp](#) — Community building and food justice.
- [Self-Help for the Elderly](#) — Cultural and senior services in Chinatown.

Environment, Parks & Science

- [SF Parks Alliance](#) — Park stewardship.
- [Francisco Park Conservancy](#) — New park maintenance.
- [Refuse Refuse](#) — Neighborhood cleanups.
- [Friends of the Urban Forest](#) — Tree planting.
- [Golden Gate National Parks Conservancy](#) — National park trails.
- [Sutro Stewards](#) — Mount Sutro trail work.
- [Presidio Trust](#) — Restoration and archaeology.
- [California Academy of Sciences](#) — Museum education and research.
- [Exploratorium](#) — Science engagement.
- [Aquarium of the Bay](#) — Marine education.
- [The Marine Mammal Center](#) — Animal rescue and hospital.
- [Baykeeper](#) — Water pollution patrol.
- [Surfrider Foundation SF](#) — Beach cleanups.
- [Save The Bay](#) — Wetland restoration.
- [Greenbelt Alliance](#) — Climate resilience and open space.
- [Literacy for Environmental Justice](#) — Eco-justice in the Bayview.
- [Garden for the Environment](#) — Urban gardening education.
- [CuriOdyssey](#) — Science and zoo support.
- [Acterra](#) — Climate action programs.
- [Canopy](#) — Mid-Peninsula tree planting.
- [Pacific Beach Coalition](#) — Coastal cleanups.
- [San Francisco Botanical Garden](#) — Horticultural aid.
- [Conservatory of Flowers](#) — Botanical tours.
- [Tree San Francisco](#) — Urban forest advocacy.
- [Climate One](#) — Climate change discussion support.

Animals

- [San Francisco SPCA](#) — Dog and cat care.
- [Muttville Senior Dog Rescue](#) — Senior dog adoptions.



- [SF Animal Care & Control](#) — City shelter animal enrichment.
- [Rocket Dog Rescue](#) — Foster and adoption events.
- [Marin Humane](#) — North Bay animal welfare.
- [WildCare](#) — Wildlife hospital and education.
- [Peninsula Humane Society](#) — South Bay animal support.
- [Wonder Cat Rescue](#) — Feline fostering.
- [Palomacy Pigeon Rescue](#) — Bird rescue and advocacy.
- [Marine Science Institute](#) — Marine life education.
- [Oakland Zoo](#) — Zoo conservation and education.
- [Happy Hollow Park & Zoo](#) — Family zoo and park support.
- [Lindsay Wildlife Experience](#) — Native wildlife rehabilitation.
- [Grateful Dogs Rescue](#) — San Francisco dog rescue.
- [Furry Friends Rescue](#) — Peninsula animal rescue.

Food & Nutrition

- [SF-Marin Food Bank](#) — Food packing and distribution.
- [Farming Hope](#) — Culinary job training.
- [Food Runners](#) — Surplus food delivery.
- [Project Open Hand](#) — Meals for seniors and the ill.
- [Second Harvest Silicon Valley](#) — Regional food distribution.
- [Loaves & Fishes Family Kitchen](#) — Meal service for families.
- [ExtraFood](#) — Food recovery in Marin.
- [Martha's Kitchen](#) — South Bay hot meal program.
- [Daily Bread](#) — Food delivery to shelters.
- [Mandela Partners](#) — Food access in Oakland.
- [Foodwise](#) — Farmers market support.
- [St. Vincent de Paul Society](#) — Food pantry and dining room.
- [Meals on Wheels SF](#) — Senior meal delivery.
- [White Pony Express](#) — Food and clothing rescue.
- [The Berkeley Food Pantry](#) — Local food assistance.

Education & Youth

- [826 Valencia](#) — Writing workshops and tutoring.
- [Friends of the SF Public Library](#) — Book sales and literacy events.
- [Boys & Girls Clubs of SF](#) — Youth mentorship.
- [Big Brothers Big Sisters Bay Area](#) — Youth mentorship relationships.



- [Reading Partners](#) — Elementary literacy tutoring.
- [Jumpstart Bay Area](#) — Early childhood literacy.
- [Girls on the Run Bay Area](#) — Empowerment coaching.
- [Community Youth Center](#) — Immigrant youth academic help.
- [First Graduate](#) — First-gen college prep.
- [Mission Graduates](#) — College access in the Mission.
- [7 Tepees Youth Program](#) — Inner-city youth leadership.
- [Experience Corps SF](#) — Senior-led tutoring.
- [SFCASA](#) — Foster youth advocacy.
- [East Bay Asian Youth Center](#) — Oakland youth programs.
- [Youth Alive](#) — Violence prevention leadership.
- [Breakthrough SF](#) — Support for middle schoolers.
- [ScholarMatch](#) — College application coaching.
- [The Richmond Neighborhood Center](#) — After-school and senior help.
- [Children's Council of SF](#) — Support for childcare and families.
- [Kai Ming Head Start](#) — Early childhood education in SF.

Arts & Culture

- [SF Arts Education Project](#) — Youth theater and arts.
- [Community Music Center](#) — Music access for all.
- [Museum of the African Diaspora](#) — Cultural tours and events.
- [Fine Arts Museums of SF](#) — De Young and Legion docents.
- [SFMOMA](#) — Modern art visitor services.
- [Asian Art Museum](#) — Cultural heritage events.
- [Contemporary Jewish Museum](#) — Art and education.
- [Yerba Buena Center for the Arts](#) — Contemporary arts space.
- [SF Film Society](#) — International Film Festival help.
- [KQED](#) — Public media events.
- [Creativity Explored](#) — Studio for disabled artists.
- [Root Division](#) — Visual arts community hub.
- [The Crucible](#) — Industrial arts in Oakland.
- [Youth Art Exchange](#) — Youth public art.
- [Oakland Art Murmur](#) — First Fridays events.
- [Southern Exposure](#) — Artist-led visual art programs.
- [Gray Area](#) — Intersection of art and tech.
- [ODC / Dance](#) — Support for contemporary dance.
- [Precita Eyes Muralists](#) — Mural arts in the Mission.



- [Intersection for the Arts](#) — Arts nonprofit fiscal support.

Health, Identity & Specialty

- [The Trevor Project](#) — LGBTQ youth crisis help.
- [SF Pride](#) — Annual parade and events.
- [UCSF Volunteer Services](#) — Medical patient support.
- [TechExchange](#) — Digital equity refurbishment.
- [Code for San Francisco](#) — Civic tech hacking.
- [Braille Institute](#) — Vision impairment aid.
- [Legal Aid at Work](#) — Workers' rights legal help.
- [ALRP](#) — Legal aid for HIV/AIDS patients.
- [Community Tech Network](#) — Tech training for seniors.
- [Habitat for Humanity Greater SF](#) — Affordable home building.
- [International Rescue Committee](#) — Refugee resettlement help.
- [League of Women Voters SF](#) — Voter education and registration.
- [Refugee & Immigrant Transitions](#) — Newcomer tutoring.
- [Manny's](#) — Civic dialogue and trash cleanup.
- [San Francisco Night Ministry](#) — Night-time street outreach.
- [Family House SF](#) — Support for families of sick kids.
- [Hospice by the Bay](#) — End-of-life companionship.
- [Abode Services](#) — Housing for homeless families.
- [Canal Alliance](#) — Immigrant support in Marin.
- [Center for Volunteer & Nonprofit Leadership](#) — Regional service hub.
- [Community Boards](#) — Conflict mediation services.
- [SF LGBT Center](#) — Support for the LGBTQ+ community.
- [Maitri Compassionate Care](#) — Residential HIV/AIDS care.
- [Project Homeless Connect](#) — Service navigation for unhoused.
- [Simply the Basics](#) — Hygiene product distribution.
- [Swords to Plowshares](#) — Support for veterans.
- [VETSE](#) — Local veteran advocacy.
- [Project Night Night](#) — Packages for homeless kids.
- [Tipping Point Community](#) — Poverty-fighting initiatives.
- [Women's Audio Mission](#) — Music tech training for women.
- [Frameline](#) — LGBTQ+ film festival support.
- [Horizons Foundation](#) — LGBTQ+ grant-making hub.
- [San Francisco City Impact](#) — Tenderloin neighborhood services.
- [Lighthouse for the Blind](#) — Support for blind residents.



- [Safe & Sound](#) — Child abuse prevention.
- [La Clínica de La Raza](#) — Healthcare for East Bay Latinos.
- [Planned Parenthood NorCal](#) — Reproductive health advocacy.
- [SF AIDS Foundation](#) — HIV prevention and care.
- [Huckleberry Youth Programs](#) — Crisis help for teens.
- [St. Vincent de Paul Society](#) — Local homelessness support.
- [Glide Foundation](#) — Daily meal and outreach programs.
- [826 Valencia](#) — Student writing workshops.
- [Project Read](#) — Adult literacy at SFPL.
- [Kaiser Permanente Volunteer Program](#) — Hospital clinical help.
- [Zuckerberg SF General Volunteer](#) — Public hospital support.
- [Catholic Charities Marin/SF/San Mateo](#) — Massive network of social programs.
- [Salvation Army SF](#) — Shelter and meals.
- [Episcopal Community Services](#) — Shelter navigation.
- [Larkin Street Youth Services](#) — Homeless youth housing.
- [Community Youth Center](#) — Asian-American youth help.
- [Self-Help for the Elderly](#) — Cultural aging services.
- [NEXTVillageSF](#) — Aging in place help.
- [Meals on Wheels](#) — Homebound senior meals.
- [Project Open Hand](#) — Medically tailored meals.
- [San Francisco-Marin Food Bank](#) — Warehouse food sorting.
- [Second Harvest Food Bank](#) — Peninsula food sort.
- [Food Runners](#) — Daily food pickup.
- [Farming Hope](#) — Apprenticeship in kitchens.
- [Mandela Partners](#) — Urban farm support.
- [Alemany Farm](#) — Urban gardening.
- [Garden for the Environment](#) — Teaching garden help.
- [Friends of the Urban Forest](#) — Street tree watering.
- [San Francisco Parks Alliance](#) — Park activations.
- [Sutro Stewards](#) — Trail building.
- [Presidio Trust](#) — Park restoration.
- [Golden Gate National Parks Conservancy](#) — Beach cleanups.
- [Surfrider Foundation](#) — Ocean protection.
- [Save The Bay](#) — Bay marsh restoration.
- [California Academy of Sciences](#) — Museum docents.
- [Exploratorium](#) — Interactive science help.
- [SFMOMA](#) — Modern art events.
- [Asian Art Museum](#) — Cultural celebration aid.
- [De Young Museum](#) — Fine art tours.



- [Legion of Honor](#) — Historic art support.
- [Contemporary Jewish Museum](#) — Jewish art/culture help.
- [Museum of the African Diaspora](#) — Diaspora history.
- [Yerba Buena Center for the Arts](#) — Performance art help.
- [Creativity Explored](#) — Art for all abilities.
- [Root Division](#) — Gallery volunteering.
- [The Crucible](#) — Fire art and metalwork.
- [Youth Art Exchange](#) — Teen art mentors.
- [SF Arts Education Project](#) — Theater class help.
- [Community Music Center](#) — Free music lessons help.
- [SF Jazz Center](#) — Concert support.
- [KQED](#) — Member drives.
- [Friends of the SF Public Library](#) — Book sorting.
- [Reading Partners](#) — Literacy sessions.
- [826 Valencia](#) — Pirate store and writing.
- [Boys & Girls Clubs](#) — After-school sports.
- [Big Brothers Big Sisters](#) — 1-on-1 mentorship.
- [SFCASA](#) — Court advocate for kids.
- [Experience Corps](#) — Senior literacy program.
- [First Graduate](#) — College pathway mentors.
- [Mission Graduates](#) — Local tutoring.
- [7 Tepees Youth Program](#) — Camp and academic help.
- [Youth Alive](#) — Violence prevention education.
- [Lighthouse for the Blind](#) — Reading for the blind.
- [San Francisco Pride](#) — Parade security and help.
- [SF LGBT Center](#) — Center welcoming.
- [The Trevor Project](#) — Online crisis counseling.
- [Frameline](#) — Film festival ushering.
- [Horizons Foundation](#) — Donor events.
- [Maitri](#) — Compassionate residential care.
- [San Francisco AIDS Foundation](#) — Event and clinic help.
- [TechExchange](#) — PC repair for low-income.
- [Community Tech Network](#) — Computer basics.
- [Code for San Francisco](#) — Civic app building.
- [Braille Institute](#) — Daily life support.
- [Habitat for Humanity](#) — Build site help.
- [Legal Aid at Work](#) — Pro bono labor law.
- [ALRP](#) — Pro bono HIV/AIDS law.
- [Refugee & Immigrant Transitions](#) — Language partners.



- [International Rescue Committee](#) — New family setup.
 - [League of Women Voters](#) — Ballot education.
 - [Manny's](#) — Community coffee and cleanup.
 - [TogetherSF](#) — Civic engagement hub.
 - [Civic Joy Fund](#) — Neighborhood cheer projects.
 - [San Francisco City Impact](#) — Tenderloin urban mission.
 - [St. Anthony's](#) — Clothing and meal programs.
 - [Glide Foundation](#) — Justice and meal program.
 - [Salvation Army](#) — Emergency social services.
 - [Project Homeless Connect](#) — One-day mega-service.
 - [Simply the Basics](#) — Basic needs distribution.
 - [Women's Audio Mission](#) — Studio support.
 - [Yerba Buena Center for the Arts](#) — Gallery usher.
 - [Creativity Explored](#) — Studio assistant.
 - [Southern Exposure](#) — Artist collective help.
 - [Gray Area](#) — Technology and art events.
 - [Intersection for the Arts](#) — Arts fiscal agency.
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Major Volunteer Hubs

- [VolunteerMatch San Francisco](#)
 - [TogetherSF](#)
 - [HandsOn Bay Area](#)
 - [One Brick SF](#)
 - [Idealist](#)
 - [GreatNonprofits San Francisco](#)
 - [CVNL \(Center for Volunteer & Nonprofit Leadership\)](#)
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The Impact of a Single Hour

As you move from reading this list to taking action, remember that no act of service is too small. A single afternoon of tutoring can spark a lifetime of literacy; a morning spent cleaning a park ensures a safer space for a child to play; a simple meal delivered offers more than just nutrition—it offers dignity.

The Bay Area thrives because people like you refuse to be bystanders. By stepping into



one of these roles, you are not just helping an organization—you are strengthening the social fabric that connects us all. We hope this directory helps you find a cause that resonates with your values.

Keep the momentum going:

If you didn't find the perfect fit here, visit the "Major Volunteer Hubs" listed above for thousands of additional opportunities. Your journey of service is just beginning. Thank you for being the heart of the Bay.